

# *Kappa Keynotes*



*The Delta Kappa Gamma Society International - North Carolina (NC DKG)  
Region VIII Kappa Chapter-Charlotte-Mecklenburg County*

Vol. 78, No. 1

Aug/Sep/Oct 2019

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## **The Presidents' Message**

As summer ends and school begins, we face a new beginning. As students and teachers enter their classrooms, we pray for a safe school year and lots of learning. For our grandchildren and yours and all students, we pray for great teachers who are enthusiastic, passionate, and compassionate.

We face a new beginning in Kappa also. We, too, pray for members who are enthusiastic, passionate, and compassionate. We are hoping for members who are enthusiastic about the new programs and will make every effort to attend.

Volunteer with your sisters at Bright Blessings to support homeless students. Meet Freebird McKinney, 2018 NC Teacher of the Year. Come have a cup of tea and celebrate the holiday season. Take part in World Fellowship as Olga Kleto shares the Greek culture including a tour of Holy Trinity Greek Cathedral. Learn what UNCC is doing to recruit and retain teachers from the Dean of Education, Dr. Ellen McIntyre. Put your schedule on your refrigerator, mark your calendars and come to meetings.

We hope everyone will be involved and passionate in some way. Take on Facebook, coordinate the tea, help with publicity, organize a letter writing campaign, or make plans to help veteran teachers. Join a committee. Become involved!

Read Tisa's article and support our fundraisers. We need to show compassion by supporting our projects such as donations for Bright Blessings, Keeping Hope Alive and beginning and veteran teachers.

As DKG sisters, we promote educational excellence. In order to do this, we need YOU!



Sincerely,  
**Gloria & Jeannette**  
Kappa Co-Presidents 2018-2020  
[gmj1948@hotmail.com](mailto:gmj1948@hotmail.com)  
[jeannettec@carolina.rr.com](mailto:jeannettec@carolina.rr.com)  
704-641-9189  
704-814-7197

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### **Supporting Kappa's Own**

**Jeannette Carofano, Kappa Co-President**

Kappa wishes those of you in the classroom a happy and successful school year! To brace you for the coming months, your Kappa Sisters have prepared Return to School bags filled with treasures just for you! Come to our first meeting on Sept. 12<sup>th</sup> at Bright Blessings to receive your bag and our encouragement.

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### **Action Required**

**Before the Next Kappa Meeting**

Members: Please review the Kappa Chapter 2019-2020 Budget (sent via email) and be prepared with notes, if needed, for discussion. Our business meeting must be very brief to allow time for our community service to Bright Blessings.

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## **Wellness Initiative**

**Martha Tillman, Wellness Committee Chairman**

As our new year of expectations begins, let us reflect on how we have incorporated into our daily lives the Dimensions of Wellness learned previously. Please take some time to look at the wheel and continue to add enriching experiences each day to enhance total well-being.

This year we will focus on the physical aspect, which in turn will also impact all the other areas on the wheel. Below you will find several quotes pertaining to the physical. Choose one or more to post on your mirror so that this thinking becomes a part of your life.

"Movement is a medicine for creating change in a person's physical, emotional, and mental states."

~Carol Welch

"The body says what words cannot."

~Martha Graham

"To me, if life boils down to one thing, it is movement. To live is to keep moving."

~Jerry Seinfeld

"We do not stop exercising because we grow old. We grow old because we stop exercising."

~Kenneth Cooper

"Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity."

~John F. Kennedy

Food for Thought –

Just 10 minutes of low-key exercise may improve memory function. So, put on some music and DANCE!

**The Educational Excellence Committee**  
**Empower-Engage-Create**

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## **Beginning Teachers**

**Gloria Jones, Kappa Co-President**

Kappa is supporting two Beginning Teachers at Albemarle Road Elementary this school year. Gift bags of teacher supplies were delivered for their first day on staff. Whiteboard markers, bulletin board letters and borders, desk supplies and Clorox Wipes were among items in their bags. Best wishes to the new first and third grade teachers as they begin their careers in education.

If you would like to contribute to other Beginning Teacher support activities, contact Gloria Jones [gmj1948@hotmail.com](mailto:gmj1948@hotmail.com) or Martha Tillman [tillmaqt@aol.com](mailto:tillmaqt@aol.com).

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## **A Little Tech Tidbit**

**Melinda Willison, Kappa Webmaster**

There are so many helps to make it easier to utilize and [level up](#) technology-based instruction in the classroom. The tech dept of CMS has been pushing the [SAMR model](#) for a few years to get teachers to include more innovative uses for technology resources, rather than simple replacement of paper and pencil or hand-held text. Some of the opportunities that I have been able to incorporate within the classroom were shared at the 2019 State Convention. The site Ditch That Textbook also has some great blogs, including one on 10 ways to reach the highest level of SAMR- [redefinition](#). In Level Up, there are links, resources, and tips to peruse.

Please email [Melinda.Willison@gmail.com](mailto:Melinda.Willison@gmail.com) with tech related instruction and planning questions that may be shared in future articles. The goal is for the tech tidbits to help you with your current classroom, Kappa, & other tech needs.

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## **Program Previews**

**Jeannette Carofano, Kappa Co-President**

My Principal of many years back had a mantra of, "Teachers must be flexible." No truer words were spoken than when determining this year's meeting schedule. We've shuffled events and have a blockbuster season planned for Kappa.

### **Thursday, Sept. 12<sup>th</sup> 5-7 pm Bright Blessings, 1150 Crews Road, Suite C, Matthews**

(On Sam Newell Road, turn at Crews Rd., opposite Crestdale Middle School. Bright Blessings is directly across from the Matthews Police Station. There's plenty of parking in the lot and at the curb.)

**Our Meeting:** In half-an-hour we plan to have a new member induction, award membership pins, approve the budget and take care of Social and Communication Committee rosters. Be sure you read the budget previously emailed.

**Our Program:** We will be helping Bright Blessings prepare items for distribution to needy children.

**What to Bring:** size 1 baby diapers, hygiene kit items (full-size toothpaste, toothbrush, soap, washcloth, comb, etc.). For additional ideas, see Bright Blessings' website <https://www.brightblessingsusa.org/wishlist>.

### **Thursday, October 10<sup>th</sup> 5-7 pm Jimmie's Restaurant, 7024 Brighton Park Drive, Mint Hill**

**Our Meeting:** We have invited other local Chapters to join us! Beta Tau is coming, as well as others.

**Our Program:** Guest Speaker Mr. Freebird McKinney, 2018-2019 NC State Teacher of the Year. He is a free-thinking innovator and action-oriented educator. Expect a passionate talk!

**Dinner Arrangements:** Please arrive a few minutes early to place your dinner order before our Speaker begins at 5:15. You may order from the menu and receive individual checks. For Daily Specials and full menu choices, go to <http://www.jimmiesrestaurant.com/Menu/43527/Menus.aspx>.

### **Saturday, Nov. 16<sup>th</sup> 10am-noon BUNCO! at Jeannette's Home: 729 Meadow Lake Drive, Matthews.**

(Landmarks to look for in Matthews: On Trade Street, my corner is directly across from ACTS Senior Condos, near the fire station and Matthews Elementary. Turn at the small garden at **Country Place Lane**. *At the first corner, turn left onto Matthews Estates Road. Make the first right at Meadow Lake Drive. 729 Meadow Lake Dr. is on the left side as the circle begins.* There is a large American flag at the door. Please walk in, no formalities.)

**Our Program:** Fun! Fun! Fun! This is also a FUNdraiser for Kappa. \$10 to play, \$1 for snacks. Join us for a great time while supporting Kappa.

### **Saturday, Dec. 14<sup>th</sup> 10am-noon Sedgfield United Methodist Church, 2830 Dorchester Place, Charlotte**

**Our Meeting:** Stuff Christmas stockings for needy children. This year, items must be **gender and age neutral**. Ideas: school supplies, hygiene items, candy, healthy snacks, deck of cards/game/toy.

**Our Program:** Christmas Tea and Sing Along. If you would like to help with this event, contact Gloria Jones @ [gmj1948@hotmail.com](mailto:gmj1948@hotmail.com). We need volunteers and ideas to make this a wonderful gathering. And don't forget to make and wear your Fascinator!

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## **Kappa Chapter Membership Needs You**

Tisa Clark, Kappa Treasurer

During 2019-2020, we had several members who moved from our area and, for various other reasons, did not renew their membership. A new deadline for payment of dues possibly contributed. We did not have the attendance at Bunco or the picnic that we usually do, resulting in lower funds being contributed. Also, we did not do Invest in Kappa this year. This drop in membership and donations has resulted in a smaller pool of funds available to support our projects to the same degree we have in past years.

To make up for this decrease in funds, all members are encouraged to actively participate in various Kappa fund raisers. Some of our more popular fundraising events include:

- Take a chance at winning half the kitty by purchasing tickets to play 50/50 during our meeting.
- Don't be shy. Contribute to the Brag Jar and tell us about your life, family, friends, neighbors or anyone else!
- Join us for a game of Bunco. No experience is necessary and all are welcome to join the fun.
- Participate by contributing to and/or bidding on Mystery Bags during our annual end of year picnic. This is a great way to end our year and welcome in the summer.
- Contribute to Invest in Kappa.

Through your involvement, you will have fun and enjoy getting to know other members. Help support your Kappa Chapter!

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## **Snip 'Em, Pop 'Em, & Bring 'Em**

Melinda Willison, Kappa Editor



We have two ongoing fundraisers to support community organizations.

Clip those box tops to help raise funds for a local school supported by Kappa Chapter. The box tops provide funds for the PTO to cover costs of programs, equipment, training, or other school needs.

Pop the tabs off the top of your canned beverages.

The tabs are bagged, delivered, weighed, and then translated to fund stays at the Charlotte Ronald McDonald House. Families with children in the hospital benefit from the meals, warm beds, and TLC provided thanks to can tabs.

These valuable donations are collected and turned in to the respective organizations by our very own community service hero—Mrs. Clara Hedberg. Thank YOU for getting the box tops and tabs to their designated drop-offs!

**Thank you in advance to everyone for bring loads of box tops and tabs to our next meeting scheduled  
On Thursday 9/12 for 5pm at Bright Blessings.**

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**Gloria Jones, Kappa Co-President**

## **Remembering Rachel**

Last year, I accepted a new role as Co-President of Kappa. I was very apprehensive about this role. One member went out of her way to encourage and support me even though she was sick. Before we had our first meeting, Rachel came on a walker when Jeannette and I asked for help. We had no newsletter editor at the time and we were worried about membership. She shared her ideas and offered to help. She attended the first meeting and immediately afterwards sent me an email thanking us for a wonderful, organized meeting. When the newsletter done by Melinda came out, she emailed me that it was an awesome newsletter. Even though she did not attend the Bright Blessings meeting, she sent supplies through her dear friend Ann McCain.

The next day, I got an email that she heard that it was an awesome meeting. She sent me money to pay for a beginning teacher's lunch in November. Ann shopped for her stocking supplies for homeless children for our December meeting. Rachel agreed to do our pickle jar centerpiece representing Charlotte for the International Conference in Asheville. I took it to Bunco in March to share.

She attended our April luncheon to hear the National Teacher of the Year and we were thrilled to see her. She came up with the idea for the Mystery Bag Auction Fundraiser at our annual picnic several years ago. Her husband Phil brought her to the picnic this year and he delivered her mystery bag, her dessert, and her dues. We walked up the hill to the car to see her not knowing this would be the last time we would.

Even though she made it to only two events this year, she was my biggest supporter. I will miss her so much - her smile, her words of encouragement, her giving spirit and especially her graciousness as Bunco hostess extraordinaire. We all had a second home at Rachel's. Rachel will always have a home in our hearts.

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## News from NC DKG

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### **A Message from Our New NC State President “The Only Evidence of Life is GROWTH!”**

Dr. Teresa H. Cowan, NC DKG President  
NC DKG News Fall 2019

I have often heard that growth for the sake of growth is counterproductive. I believe that wholeheartedly. But I also believe and have witnessed firsthand the above quote by John O’Leary that “the only evidence of life is growth.” The 2019-2021 biennium theme, Ready, Set, GROW!, is my attempt in finding balance with these two statements. Ready, Set, GROW! captures the value of DKG tradition while welcoming the need for adaptation as we move into the future. (The future that is already here!) I used to tell my students that if you are the same at the end of the year as you were at the beginning of the year then I had failed them. My role as an educator was to assist them in adapting to middle school in order to increase their likelihood for success. I was their agent of growth. Now I see my role as NC DKG President in the same regard.

DKG is at a pivotal crossroads as a Society. What do the next 90 years look like for DKG? Will there be another 85 years for NC DKG? Those are two questions or ones similar to them that are being posed across the Society. But I believe the bigger question for each of us as members is the following: “**What are you willing to do for this Society?**”

As your President, I am willing to **GROW**. Are you willing to join me? Are you ready to **make adaptations to foster growth?** Are you willing to **accept adaptations to stimulate continued growth?** If the words of support and encouragement I have received of late are any indication, **I BELIEVE THAT YOU ARE!!!** I believe the members of NC DKG are willing to **Ready, Set, GROW! personally, professionally and as an organization.**

NC DKG members I challenge you to **Ready, Set, GROW!** With my challenge comes a few reminders: **GROWth** is not easy, it can be painful and can often get pretty messy along the way. But for those willing to “get their hands dirty,” the harvest is rewarding. Together we can cultivate, nurture, energize and develop as we **Ready, Set, Grow!**



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## News from DKG International

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### Next Summer's Vacation? Philadelphia!

International DKG Convention  
July 7 – 11, 2020  
Philadelphia, PA  
Hotel: Philadelphia Marriott Downtown

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## Travel with DKG & Go Ahead Tours

For more details, see <https://www.dkg.org/DKGMember/Events/Go Ahead Tours>

**Food & Wine: San Francisco & California Wine Country** **OCTOBER 9 - 14, 2020**  
Embark on a flavorful journey through California's cities and wine country.

**Costa Rica: Rainforests, Volcanoes & Wildlife** **DECEMBER 28, 2019- JANUARY 5, 2020**  
Costa Rica is a real-life paradise for 9 days.

**New York City Getaway** **JULY 12 - 16, 2020**  
Explore the city that never sleeps!

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## ART GALLERY SUBMISSION

August 15 to September 15, 2019

As of 2019 all Art Gallery Submissions will be through Google Forms. *For submission procedures, help, and tutorials visit the **Art Gallery website.*** <https://www.dkg.org/DKGMember/Apply Submit/Art Gallery Submission.aspx>

**Reminder: This form link is CLOSED after September 15th!**

Submissions will not be accepted after 11:59pm CST - 9/15/19

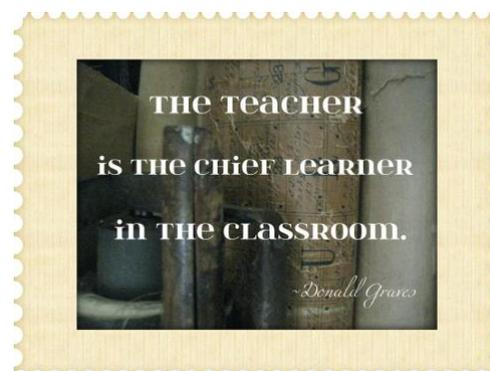
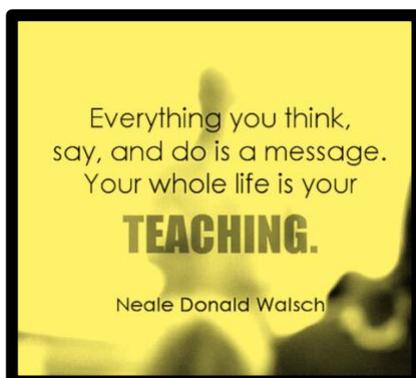
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## Exciting News

<https://www.dkg.org>

New DKG Members Since July 2018 is..... **3,775!!!!**



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## 2019-2020 CALENDAR

### Thurs. Sept 12, 2019 5-7 pm

Bright Blessings, 1150 Crews Rd, Suite C, Matthews  
Induction of New Member  
Service project for homeless children

### Thurs. Oct. 10, 2019 5-7 pm

Jimmie's Restaurant, Mint Hill  
Joint Chapter Meeting

Speaker: Freebird McKinney 2018-19 NC Teacher of the Year  
Dinner from menu, separate checks

### Sat. Nov. 16, 2019 10am-noon

\*\*Bunco at Jeannette's  
729 Meadow Lake Dr., Matthews

### Sat, Dec. 14, 2019 10am-noon

Sedgefield UMC, 2830 Dorchester Place, Charlotte  
Program: Holiday Tea  
Project: Fill stockings for local children in need  
Wear a "Fascinator"!

### Sat. Jan. 11, 2020 10am-2pm

\*\*Bunco, Lunch, Exec. Bd. Mtg. at Tisa's  
6724 Brynwood Dr., Charlotte

### Thurs. Feb. 6, 2020 5-7pm

Holy Trinity Greek Orthodox Cathedral  
600 East Blvd, Char.

Program: World Fellowship

Presenter: Olga Kleto, Celebration of Greece

### Sat. Mar. 14, 2020 10am-noon

\*\*Bunco at Debbie Dryden's  
6529 Havenlock Pl, Char.

### March 15-18, 2020

U.S. Forum Natl. Legislative Seminar, Wash, D.C.

### Sat. April 4 10am-12:30pm

Kappa New Member Induction & Spring Luncheon  
Trio's Restaurant, 10709 McMullen Creek Parkway  
Speaker: Dr. Ellen McIntyre, Dean of Education, UNCC

### May 1-3 2020 NC DKG Convention

Embassy Suites Greensboro, NC Region VI

### Sat. May 16 10am-12:30pm

Squirrel Lake Park, Matthews  
Program: End of the year Wrap-up, Potluck,  
"Mystery Bags" Silent Auction

### Tues. June 16, 2020 10am-2pm

Eastway Baptist Church, 2749 Eastway Dr, Charlotte  
\*\*Bunco/Lunch/Exec. Bd. Mtg.

### July 7-11, 2020 International Convention

Downtown Marriott, Philadelphia

\*\*Bunco: pay \$10 to play and \$1 for snacks

\*\*Board meeting: pay \$5 for lunch (optional)

## Birthdays

Aug	19 <sup>th</sup> Vicki Kiziah 28 <sup>th</sup> Dawn Patterson
Sep	9 <sup>th</sup> Brenda Coble
Oct	5 <sup>th</sup> Patricia Smith 14 <sup>th</sup> Kim Smith 19 <sup>th</sup> Imogene Carmichael
Nov	5 <sup>th</sup> Candace Armstrong 15 <sup>th</sup> Shane Purcell 29 <sup>th</sup> Charlene Wertz

## Celebrations

### Blessings and Happiness to

Clara and Carl Hedberg,  
who celebrated their 67<sup>th</sup> Wedding Anniversary in July.

### Celebrating their 80s with Grace and Beauty,

Julia O'Reilly on her 80<sup>th</sup> Birthday on May 15<sup>th</sup>,  
Clara Hedberg on her 87<sup>th</sup> Birthday on July 29<sup>th</sup>, and  
Ann McCain on her 83<sup>rd</sup> Birthday on March 20<sup>th</sup>.

We hope that you are blessed with love, health and  
happiness for many more years to come.

## Contacts

Visit Our Website at

<http://kappacharlottenc.weebly.com>

Email the Chapter at

[kappacharlottenc@gmail.com](mailto:kappacharlottenc@gmail.com)

Email KAPPA Co-Presidents

[gmj1948@hotmail.com](mailto:gmj1948@hotmail.com)

Or call 704-641-9189

[jeannettec@carolina.rr.com](mailto:jeannettec@carolina.rr.com)

Or call 704-814-7197

Email the Keynotes Editor

[Melinda.Willison@gmail.com](mailto:Melinda.Willison@gmail.com)

Or call 704-315-4333

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